

LE CALETTE

Cefalù

TIMELESS SICILY: A SENSORY JOURNEY THROUGH THE ISLAND'S MILD AUTUMN, AMONG WELLNESS, NATURE, AND GASTRONOMY AT LE CALETTE IN CEFALÙ.

The exclusive 5-star Le Calette, nestled along the enchanting Sicilian coast just outside Cefalù, offers its guests unique wellness and gastronomic experiences to be enjoyed year-round.



Le Calette, Cefalù (PA), October 2024 – Sicily is a fascinating land in constant transformation that never pauses. As the seasons change, the island bursts into new colours, fills the air with unique scents, and offers unforgettable experiences to anyone eager to explore it. Every season here has its own unique charm: from the warm and embracing summer to the magic of autumn, which reveals even more enchanting landscapes, to the mild winters that pamper visitors with their temperate climate.

Sicily is a destination like no other, thanks to its variety of climates, landscapes, and traditions that extend far beyond the summer season. Behind Cefalù, the **Madonie Park, a UNESCO Geopark** – with Castelbuono, Pollina, ancient forests, and ash groves from which the precious manna is harvested – offers a unique habitat to explore and reconnect with nature. Through activities such as trekking, mushroom foraging, milking animals, and ricotta production, it is possible to discover a largely untouched culture.

In this setting, **Le Calette in Cefalù stands out as a true oasis of authenticity, extending its opening until November 19th to offer curious travellers and lovers of natural beauty, wellness, and fine dining an intimate and private experience.**

WELLNESS WITHOUT SEASONS AT LE CALETTE

For those seeking a rejuvenating break from the hustle and bustle of everyday life, Le Calette offers the perfect retreat, where **wellness takes centre stage**. The stunning **spa**, inspired by the colours and atmospheres of the Mediterranean, is a sanctuary of relaxation, where the treatments embrace a holistic philosophy, enveloping guests in a sensation of complete peace. The **heated pool**, available even during the cooler months, the secluded coves, and the mild Sicilian climate allow for moments of escape until late November.

The wellness experience is enhanced by the breathtaking view of the horizon. The Rocca of Cefalù dominating the landscape, while the gaze drifts over the Tyrrhenian Sea framed by the Aeolian Islands. It's an experience that allows you to reconnect with yourself in a unique and spectacular setting, where time seems to slow down to offer pure relaxation.



A GOURMET JOURNEY THROUGH SICILIAN FLAVORS WITH DARIO PANDOLFO

For **culinary** enthusiasts who travel in search of global flavours, the culinary offerings at Le Calette are a true gem. The menu at the **Cala Luna Restaurant**, led by the creative flair of **chef Dario Pandolfo**, evolves with the seasons, featuring dishes that highlight local products and Sicilian traditions.

With a careful selection of seasonal ingredients, paired with the finest wines from Sicily and beyond, each menu becomes a sensory journey through the island's fragrances and flavours. During the warmer months, guests can savour these delicacies under the stars, on a lawn overlooking the sea, while in the cooler months, the restaurant moves to an elegant, panoramic dining room, continuing to impress with its fine dining style. Cala Luna is not just a place to eat, but an experience that combines taste with the surrounding beauty, offering unforgettable moments.

Le Calette invites everyone looking to experience Sicily in an authentic and surprising way to discover this magnificent offering of wellness and gastronomy, where every detail is designed to enhance the senses and rejuvenate the spirit.

LE CALETTE, Cefalù

ABOUT LE CALETTE

For over fifty years, Le Calette has been internationally recognized as one of the most exclusive examples of hospitality in Sicily. Nestled in one of the most evocative and scenic corners of the island's northern coastline – just outside the historic centre of Cefalù, a UNESCO site – and surrounded by 2 hectares of botanical park, the complex follows with its Mediterranean architecture the folds and inlets of the Caldura bay, insinuating itself into the small “coves” from which it takes its name. With a proposal of suites, rooms and private villas spread across two complexes – **the 5-star “Le Calette N°5” and the 4-star “Le Calette Bay”** – Le Calette offers panoramic terraces and quiet Mediterranean gardens overlooking the sea in which to laze on relaxing days, and a wide range of restaurants, bars, beach clubs and wellness areas for extraordinarily unique stays.

Info and reservations:

LE CALETTE

Via Vincenzo Cavallaro, 12 - 90015 Cefalù (PA) ITALIA

Tel: +39 0921 424144

booking@lecalette.it

FOLLOW LE CALETTE:

WEB: www.lecalette.it

IG: [@lecalettehotel](https://www.instagram.com/@lecalettehotel)

FB: [Hotel Le Calette - Cefalù](https://www.facebook.com/Hotel-Le-Calette-Cefalù)

Press:

GRASSI&PARTNERS PR

Chloe ORLANDO +39 338 2418608

chloe_orlando@grassipartners.com